



The
Pain
Elimination
Method

Hip Replacement Pain

DAVID

The Problem:

He had a hip replacement following a car accident 20+ years ago. Without sufficient physical therapy following the accident his hip never healed right and eventually he had his hip replaced again. His job requires him to travel by air often, which results in prolonged hip compression. Prior to Reposturing (with only moderate physical therapy) he was still experiencing pain in standing and walking. He could hardly walk more than a mile or so without pain.

The Solution:

The Reposturing treatment to muscles and collective tissue of his hips, legs and low back, followed by Reposturing treatment to his shoulders and torso. There is a specific Reposturing walk and run that follows. The body is supposed to walk and run a certain way that complements the joints and you can only do it when you have a balance in the flexibility and strength of the Repostural muscles.

The Results:

This time, with Reposturing as part of his recovery therapy, he restored the strength, coordination and agility that making him more fit at 50+ years of age than ever in his whole life. Furthermore, the recovery time after flying was significantly less than ever before. These days he walks at a brisk pace. An average of 7080 miles a month.